



15th Annual Three Bridges Five Mile Road Race



Part of the LDR Championship Series

Saturday, August 9, 2025

467 Main Street, Three Bridges, NJ 08887

Portions of the proceeds will be donated to
Remembering Henry Scott Oldenburg in support of The Hug-A-Bear Project

This is a USATF Sanctioned Event—USATF-NJ Certified Course # NJ15527JHP
\$3 Discount to all USATF members up to 10 days prior to the event

5 Mile Road Race: A five mile course of rolling hills through Readington Township’s beautiful rural community. Timing and scoring will be conducted by Best Racing Systems. There will also be mile markers, water stations, and Fire Police to assist you.

2 Mile Health Walk: Enjoy a peaceful walk through the historic Three Bridges Community. Children are welcome to join in!

Age Groups: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ Male and Female.

Other Categories: Teams

Awards:

There will be a number of awards for all age groups, male and female, including teams.



Race Day Schedule / *Rain or Shine*

Registration / Check in:	7:00 -8:45 AM
5 Mile Race Start:	9:00 AM
2 Mile Health Walk:	9:15 AM

Amenities:

Free T-shirts to the first 150 registered entries. Bagels, fruits, juice and other assorted beverages will be available during registration and after the race.

Registration Costs

	Before August 1st	After August 1st
5 Mile Race Entry	\$35	\$40
2 Mile Health Walk	\$10	\$15

A portion of this year's proceeds will benefit:
Remembering Henry Scott Oldenburg in support of The Hug-A-Bear Project

“ **The mission of RHSO is to honor Henry Scott Oldenburg by continuing his spirit to serve and recognize the value of each individual, to contribute, facilitate and promote solutions for the enrichment of the community as well as to raise public awareness about the prevention, detection and treatment of pancreatic cancer.** ”



We are located between the Flemington Circle and Somerville Circle, right off of Route 202, our fire company is easy to find!

For registration and more information including, directions to the firehouse, please visit our website at <http://www.tbvfc.com>.

Any questions, please email us at ThreeBridges5MileRun@tbvfc.com with the subject line “5 Mile”.

Registration is available online at <https://runsignup.com/Race/NJ/ThreeBridges/ThreeBridgesFiveMileRoadRace> , or by scanning the QR Code,



or by completing the bottom portion of this form with a check made payable to “Three Bridges 5 Mile Road Race” and mail to:

Three Bridges Fire Co.—5 Mile, PO Box 127, Three Bridges, NJ 08887

Three Bridges 5 Mile Road Race

First Name: _____ Last Name: _____
Address: _____ DOB: ____/____/____
City: _____ State: ____ Zip: _____ USATF #: _____
Email Address: _____ Phone Number: _____
Emergency Contact Name: _____ Emergency Phone: _____
Age on Race Day: ____ Gender: M F T-Shirt Size: S ____ M ____ L ____ XL ____ XXL ____

Release From Liability: In consideration of this entry, I for myself, my heirs, executors, administrators, and assignees waive, release, and discharge the Three Bridges Volunteer Fire Company, the Township of Readington, any volunteers, sponsors or any representatives from any and all claims, demands, actions, and/or damages (bodily injury, property damage, death). I certify I am in proper condition to participate in the 5 Mile Road Race. I allow permission for the use of my name, picture, video broadcast, telecast, and/or the use of other media in regards to this event. I understand that there will be no refunds given.

Participant Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____